

# **Families in Focus Bulletin - Part 1**

## **Information and Support for Families, Parents/Carers and Young People**

Hello and welcome to the Summer Information Bulletin from the North Bristol Families in Focus team. We thought this information looked interesting and that you might find it helpful. Please feel free to pass onto others.

It has been a real pleasure putting this information together and seeing all of the creative, sporty and adventurous activities being provided for our children, young people and families across the summer – and what a difference we have from this time last year!

We want to make this a summer where young people can get out and about again, have new experiences and make new friends and memories.

The bulletin has grown so big that we have split it into two parts as follows.

### **Part 1 – Information and Support for Families, Parents/Carers and Young People during Coronavirus**

### **Part 2 – Information and Support for Practitioners during Coronavirus**

Please note that the information here is being shared by Families in Focus but if you require any further details you should contact the relevant organisation. All information is provided by the organisation and Families in Focus hold no responsibility for the contents. Bristol City Council does not endorse the organisations/activities and you should make your own checks to satisfy yourself on the quality of the services on offer. If you would like the information in a different language or format please contact the organisation/agency who will hopefully be able to help.

We cannot guarantee to include everything but will prioritise information on services or activities that practitioners will find useful in their organisation or to pass on to families.

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Services and  
information for  
children and  
young people

Bristol Playday 2021



Bristol

# Playday

2021

Wednesday 4th August  
Blaise Park, BS10  
from 10am to 12pm

Scavenger  
hunts, giant  
chalk fun and  
much more!

#summerofplay

PLAYFUL  
BRISTOL



Bristol

# Playday

2021

Wednesday 4th August  
Eastville Park, near tennis courts  
from 12pm to 4pm

Arts &  
crafts, music,  
nature activities,  
trails, sports &  
games

#summerofplay

PLAYFUL  
BRISTOL



Summer sessions in Shirehampton



**FRI 23 JULY -  
TUES 31 AUG**

Learning Partnership West's  
**SUMMER  
SESSIONS IN  
SHIREHAMPTON**

GAMES, SPORTS, FOOD, ARTS & CRAFTS FOR  
CHILDREN AND YOUNG PEOPLE EVERY WEEK!

**TUESDAYS & FRIDAYS 1-4PM**

PBA Community and Sports Hub, Nibley Rd,  
Shirehampton, BS11 9XR.

**AGE RANGE: 8-13 YEARS OLD**

CHILDREN UNDER 8 YEARS OLD ARE WELCOME BUT MUST BE  
SUPERVISED BY A RESPONSIBLE ADULT (18+).

**CALL: 07771 943325 (PETE WOODS-WETTON) FOR MORE INFO**

HEAD OFFICE: LEARNING PARTNERSHIP WEST  
CIC, LPW HOUSE, PRINCESS ST, BS3 4AG  
W: [WWW.LPW.ORG.UK](http://WWW.LPW.ORG.UK) E: [ENQUIRIES@LPW.ORG.UK](mailto:ENQUIRIES@LPW.ORG.UK)  
T: 01179873700

Lawrence Weston Play Sessions

# COME AND PLAY!

**Free** open access play sessions for **over 8s**,  
and under 8s accompanied by an adult.

**EVERY THURSDAY IN  
SUMMER HOLIDAYS!  
1.30 TO 3.30PM**

**IN BACK FIELDS, GRASS AREA IN FRONT  
OF BMX TRACK, BEHIND HENACRE FLATS**

Loose parts play, arts & craft, sports &  
games for all to have fun, play and create!

**Please be aware, we will need contact  
forms for children attending without an  
adult, and there are no toilets on site!**

**Lunch will be provided.**

**Contact  
sophie@childrensscrapstore.co.uk  
for more information.**

**Children's  
Scrapstore**

  
Department  
for Education

 **COMMUNITY  
FUND**

**Your  
Holiday  
HUB**  
Bristol





# COME AND PLAY!

**Free** sessions for **over 8s**, and under 8s accompanied by an adult.

**EVERY TUESDAY IN  
SUMMER HOLIDAYS!**

**IN BACK FIELDS, GRASS AREA IN FRONT  
OF BMX TRACK, BEHIND HENACRE FLATS**

## **10.30AM - 12.30PM : BMX SESSIONS**

includes an introduction to cycling, specific BMX skills and BMX track skills. Bring your own bike or borrow one of ours! Long sleeves, trousers and gloves are essential. Book by emailing [georgia.osullivan@accesssport.co.uk](mailto:georgia.osullivan@accesssport.co.uk)

## **10.30AM - 12.30PM : PLAY SESSION**

open access loose parts play, arts & craft, fun & games and much more! No booking required.

**Please be aware, we will need contact forms for children attending without an adult, and there are no toilets on site!**

**Lunch will be provided.**



# PLAY AND COOK!

FRIDAY 6TH OF AUGUST  
& FRIDAY 13TH OF AUGUST  
11AM TO 3PM

AT LAWRENCE WESTON COMMUNITY  
FARM, SALTMARSH DRIVE, BS11 0NJ

The Children's Kitchen will be hosting sessions for families to create their own picnic style lunch together in the farm's garden. Each family will make their own lunch and take home the new 'Eat the Rainbow' Recipe Booklet, with more fresh ingredients to cook later.

To reserve a space, email [jo@feedingbristol.org](mailto:jo@feedingbristol.org), mentioning any allergies.

Family Play Session will be running at the same time, full of arts, crafts, fun & games for all ages - no booking required.

Some extra lunches will be provided for families not booked in to the Children's Kitchen.



Children's  
Scrapstore

  
Department  
for Education

 COMMUNITY  
FUND

Your  
Holiday  
HUB  
Bristol



Lawrence Weston – Preludes Music, Fun and Games



# *PRELUDES*

**SUMMER HOLIDAY CLUBS**

***Lawrence Weston Club***

**10am to 3pm**

**26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup> July 2021**

***Venues***

26<sup>th</sup>, Rock Community Centre

27<sup>th</sup>, 28<sup>th</sup>, St. Peters Church

***Ages***

**Year 3 to Year 9**

***Lunch Provided***

**Only 35 spaces so book early!**

The Preludes music team are running 3 days  
of creative music making, fun and games.  
Concert on the last day with Horning Glory.

Contact Penny Rawlings at [pennyrawlings53@gmail.com](mailto:pennyrawlings53@gmail.com)

## Ambition Lawrence Weston



Ambition Lawrence Weston is hosting a range of family activities for residents living in Lawrence Weston. These include Family day trips, art and crafts, gardening, digital workshops, cooking, picnics, and much more. There is something available every day of the school holidays, so if you live locally and want to know more, check out our events on our [facebook page](#) or contact Donna on 0117 9235112.

## Oasis - Your Holiday Hub

[Oasis booking form link](#)

**IMPORTANT Summer INFORMATION**

As part of the Bristol City Council "Your Holiday Hub" Programme, we have partnered with other organisations to offer a wide variety of activities for children & young people throughout the Summer Holidays!

**Activities are for local children and young people, are free to attend and will include a tasty packed lunch.**

All activities are covid secure and therefore have limited spaces available (which will be allocated on a first-come-first-serve basis). To book your child(ren)s place, please complete the booking form via the link below.  
<http://forms.office.com//uqN2eeikca>

**Alternatively, to find out more please contact  
Rebecca Hussey on 07973 948635 or  
via email: [rebecca.hussey@oasisuk.org](mailto:rebecca.hussey@oasisuk.org)**

Oasis  
hub  
north bristol

Your  
Holiday  
HUB  
Bristol

# HUB SUMMER SCHEDULE



**Monday 26th  
July**

10 AM - 5 PM / Trip to Wales, advanced walk up Sugar Loaf Mountain.

**Tuesday 27th  
July**

9 AM - 2 PM / Canoeing with Young Bristol.

**Wednesday 28th  
July**

10 AM - 5 PM / Trip to Wales, accessible scenic walk, location TBC.

**Thursday 29th  
July**

10 AM - 2 PM / Lino Printing at Oasis Longcross  
4 PM - 4:30 PM / Youth Club Session at ALW

**Friday 30th  
July**

11 AM - 3 PM Youth-Led Multi-Sports Session at Oasis Longcross

Starts: 26th July 2021 - Ends: August 26th, 2021. Sessions are accessible by sign-up only. All activities are subject to change or cancellation based on weather and the latest Covid-19 regulations. Lunch provided. Contact Becky on 07973 948635 for more info.



# HUB SUMMER SCHEDULE



<b>Monday 2nd August</b>	10 A - 5 PM / Trip to Wales, advanced walk up Sugar Loaf Mountain.
<b>Tuesday 3rd August</b>	9 AM - 2 PM / Paddle Boarding with Young Bristol.
<b>Wednesday 4th August</b>	10 AM - 5 PM / Trip to Wales, accessible scenic walk, location TBC.
<b>Thursday 5th August</b>	10 AM - 2 PM / Tie-Dying at Oasis Longcross 4 PM - 4:30 PM / Youth Club Session at ALW
<b>Friday 6th August</b>	11 AM - 3 PM Youth-Led Multi-Sports Session at Oasis Longcross

Starts: 26th July 2021 - Ends: August 26th, 2021. Sessions are accessible by sign-up only. All activities are subject to change or cancellation based on weather and the latest Covid-19 regulations. Lunch provided. Contact Becky on 07973 948635 for more info.



# HUB SUMMER SCHEDULE



**Monday 9th  
August**

10 AM - 5 PM / Trip to Wales, advanced walk up Sugar Loaf Mountain.

**Tuesday 10th  
August**

9 AM - 2 PM / Canoeing with Young Bristol.

**Wednesday 11th  
August**

10 AM - 5 PM / Trip to Wales, accessible scenic walk, location TBC.

**Thursday 12th  
August**

10 AM - 2 PM / Screw Art at Oasis Longcross  
4 PM - 4:30 PM / Youth Club Session at ALW

**Friday 13th  
August**

11 AM - 3 PM Youth-Led Multi-Sports Session at Oasis Longcross

Starts: 26th July 2021 - Ends: August 26th, 2021. Sessions are accessible by sign-up only. All activities are subject to change or cancellation based on weather and the latest Covid-19 regulations. Lunch provided. Contact Becky on 07973 948635 for more info.





# HUB SUMMER SCHEDULE



<b>Monday 16th August</b>	10 AM - 5 PM / Trip to Wales, advanced walk up Sugar Loaf Mountain.
<b>Tuesday 17th August</b>	9 AM - 2 PM / Paddle Boarding with Young Bristol.
<b>Wednesday 18th August</b>	10 AM - 5 PM / Trip to Wales, accessible scenic walk, location TBC.
<b>Thursday 19th August</b>	10 AM - 2 PM / Wooden Nail Art at Oasis Longcross 4 PM - 4:30 PM / Youth Club Session at ALW
<b>Friday 20th August</b>	11 AM - 3 PM Youth-Led Multi-Sports Session at Oasis Longcross

Starts: 26th July 2021 - Ends: August 26th, 2021. Sessions are accessible by sign-up only. All activities are subject to change or cancellation based on weather and the latest Covid-19 regulations. Lunch provided. Contact Becky on 07973 948635 for more info.



## Lawrence Weston Be Active Fair

To find out more, please contact: [kate.mainprice@sustrans.org.uk](mailto:kate.mainprice@sustrans.org.uk) or [sam@severnnet.org](mailto:sam@severnnet.org)

Tel: 07974 600 981



## Be Active Fair

30<sup>th</sup> July 2021 10am – 2pm  
Lawrence Weston Bike Hub BS11 0HA

**A day of free activities for everyone!**

- **FREE bike loans available**
- **Police bike security marking**
- **1 to 1 Cycle Confidence sessions**
- **Fun activities including games and prizes**
- **Local travel information stall**

To find out more, please contact:  
E: [kate.mainprice@sustrans.org.uk](mailto:kate.mainprice@sustrans.org.uk)  
[sam@severnnet.org](mailto:sam@severnnet.org)  
T: 07974600981

Sustrans is the charity making it easier for people to walk and cycle.

We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute.

Join us on our journey.

[www.sustrans.org](http://www.sustrans.org)  [sustrans](https://www.facebook.com/sustrans)  [@sustrans](https://twitter.com/sustrans)

Registered Charity No. 328550 (England and Wales) SC039263 (Scotland).  
© Sustrans April 2019



## Lockleaze Adventure Playground – The Vench

# SUMMER HOLIDAYS IN LOCKLEAZE



## PLAY DAY

WEDNESDAY 4 AUGUST  
10AM-6PM

Join us for a special celebration of play. Music, play, workshops, food, fun for all the family.

## FAMILY PLAY SESSIONS

MON - FRI 10AM-2PM

Free for children on Free School Meals thank to the Holiday Activities Fund or £2 donation.

8-12 year olds welcome unaccompanied. Under 8s must be accompanied by an adult.

Adventure play, craft & cooking activities, **hot lunch provided.**

## 11-16 YOUTH SESSIONS

TUES & THURS 2:30-4:30PM

Free for youth on Free School Meals or £1 donation.

11-16 year olds welcome.

Music, craft, sports and play. Snacks & drinks provided.

Funded by Julia & Hans Rausing Trust.



*Please ensure you have completed our Parent Consent Form to attend.*

*COVID precautions in place.*



## CREATIVE YOUTH NETWORK

FREE TRIPS FOR 11-16S

- Weds 21 July, 4 - 6pm: end of term party at The Vench
- Weds 11 August, 12 - 2pm: Bowling Trip & KFC
- Weds 25 August, 9am: Archery trip

**Email to book:**

Luke.Wareham@creativeyouthnetwork.org.uk

## NORTH BRISTOL CHILDREN'S CENTRE

MON & TUES AT VENCH FAMILY PLAY SESSIONS

The Children's Centre team are partnering with The Vench to bring toddler activities to Vench Family Play Sessions on Mondays & Tuesdays throughout the holidays. Full info on reverse of leaflet.

## NATIONAL AUTISM SOCIETY

THURSDAY EVENINGS, SIGN UP FOR FULL DETAILS

NAS Out of School Club for Autistic children and young people (8-13; 13-18) is a fun club where you can have fun and make friends. It takes place on Thursday evenings at the Vench. To become a member please email [oosoc@nas.org.uk](mailto:oosoc@nas.org.uk) for an application form.



## LIFECYCLE

THURSDAYS AT VENCH FAMILY PLAY SESSIONS

Our Lifecycle Youth Worker will run cycle games and bike maintenance on Thursdays at The Vench. Lifecycle will be leading some rides around the local area on:

- Thurs 5 August - beginner off-road cycle ride to Grow Wilder
- Thurs 12 August - confident on-road cycle ride to Oldbury Court

**Email to book:**

[lockleaze@groundwork.org.uk](mailto:lockleaze@groundwork.org.uk)

Your  
Holiday  
HUB  
Bristol



Department  
for Education

[WWW.THEVENCH.CO.UK](http://WWW.THEVENCH.CO.UK)



# LOCKLEAZE ADVENTURE PLAYGROUND



**WEDNESDAYS  
4-6PM  
11-17 YEAR OLDS**



**MUSIC MAKING,  
SPORTS, COOKING,  
SKATEBOARDING,  
ART AND CRAFTS.**

**SIGN UP:**

[www.creativeyouthnetwork.org.uk/join-the-adventure](http://www.creativeyouthnetwork.org.uk/join-the-adventure)  
or get in touch with Luke  
[luke.wareham@creativeyouthnetwork.org.uk](mailto:luke.wareham@creativeyouthnetwork.org.uk) |  
07467 915 522



[www.creativeyouthnetwork.org.uk/join-the-adventure](http://www.creativeyouthnetwork.org.uk/join-the-adventure)

# Summer holidays at the Ranch!

**Free Play Sessions Every  
Tues, Wed, Thurs 12-4pm**  
Week starting 26th July



Free meals for any school aged children in receipt of free school meals  
Southmead Adventure Playground Doncaster Road BS10 5PP  
For more information [jamescreed@southmead.org](mailto:jamescreed@southmead.org)  
No need to book, all sessions will follow covid safety guidelines  
Thursday 5th, 9th, 12th, 26th 12-2pm our friends from  
North Bristol Children's Centres will be joining us for  
advice and support.



Department  
for Education



## Imayla Your Holiday Hub – Lawrence Weston



### **NO TIME TO GET BORED THIS SUMMER!**

Summer at Imayla is going to be busy! We have FREE (or very affordable) activities planned all throughout the holidays in different areas of Bristol. There will be regular Tennis sessions happening at Eastville Park, circus workshops in St Paul's, as well as gardening, crafts, walks, trips and PLAY, PLAY and more PLAY!

If you live in St Paul's, Ashley, Montpelier, Barton Hill, Hillfields, From Vale, Hartcliffe, Filwood, Stockwood or Lawrence Weston please get in touch to find out more about offers that might interest your family, or how to get support to access what is available. Even if you live outside these areas and you are looking for things to do, we might be able to sign-post you in the right direction.

Please contact [info@imayla.co.uk](mailto:info@imayla.co.uk) or phone 0117 914 5490/07790192280

Looking forward to hearing from you! ENJOY!

Please contact [info@imayla.co.uk](mailto:info@imayla.co.uk) or phone 0117 914 5490/07790192280

## Holiday Hangout

# HOLIDAY HANGOUT



## Summer 2021

Does your primary school-aged child (4-11 years old) receive benefits-related free school meals?

If so, you're eligible for a free place at Holiday Hangout during the summer holidays.

Mon 26th July - Fri 20th Aug  
8:30am - 4:30pm

Brentry Primary School  
Brentry Lane, Brentry, BS10 6RG

### To book:

Online: <https://bhchildrenscentre.wufoo.com/forms/w1fioci60pvb21z>

Phone: 0117 9593800



Brentry and Henbury  
Children's Centres

Brentry & Henbury Children's Centre, Brentry Lane, Bristol BS10 6RG.  
Registered charity (England & Wales): 1108713

Your  
Holiday  
HUB  
Bristol



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for Education

[Holiday Hangout Summer 2021 Expression of Interest \(wufoo.com\)](https://bhchildrenscentre.wufoo.com/forms/w1fioci60pvb21z)



North Bristol Children's Centres



Stoke Park, Badocks Woods and Kingsweston House.



# TREE BABIES

Time for you and your baby to reconnect through nature!



Booking  
Required

Come & join Tree Babies with the NBCC.

A time for you and your baby to reconnect through nature with  
this free 6 week course.

Suitable for babies from birth – 12 months.

For more information please contact North Bristol Children's  
Centres at [nbcc@bristol-schools.uk](mailto:nbcc@bristol-schools.uk)

or call 0117 377 2685

[www.northbristolcc.org.uk](http://www.northbristolcc.org.uk)



\*Your baby will need to be comfortable in a sling for the majority of the session.




# Reach out




AND FIND OUT MORE ABOUT  
OUR UPCOMING GROUPS &  
SERVICES

Follow us and check our website for updates

 [WWW.NORTHBRISTOLCC.ORG.UK](http://WWW.NORTHBRISTOLCC.ORG.UK)

 Email: [nbcc@bristol-schools.uk](mailto:nbcc@bristol-schools.uk)

 Or call 0117 3772685



## Gympanzees Summer Offer

Play and exercise sessions for children and young people (0-25) with sensory, physical, learning difficulties, SEN and any other mild to profound disability.



## This summer, we're bringing Gympanzees to you!

We're going on the road and bringing some of the magic Gympanzees fun and support that you've come to love, in a way that is Covid safe and easily accessible. [You can book your session below.](#)

### What can I expect at the Roadshows?

Play and exercise sessions for children and young people (0-25) with sensory, physical, learning difficulties, SEN and any other mild to profound disability.

Each day of our Roadshow will be split into sessions that will be suited to different needs – allowing us to tailor the equipment, guidance and support to you and your child. Please see the timetable below and [explore our different sessions on offer.](#)

At each venue we will have a range of adapted, sensory, accessible, and fun equipment. It will be a mix of gym equipment, soft play, sensory equipment, swings and hammocks, lights and vibration toys. Each Roadshow will have 1 or 2 rooms with mixed equipment with a dedicated calm sensory room and a much needed café area for you to catch up with other friends and families.

**All locations will have parking. Weston, Newport and Bath all have on site parking. Barton Hill and St Anne's (Bristol locations) have a car park with a**

**short walk on the pavement to reception. All venues will have changing places and there will also be hoists throughout each venue.**

Most of the equipment used at the Roadshow will be available to loan from our free [Lending Library](#) after the event.



**If you'd like to discuss with a member of our team please contact [info@gympanzees.org](mailto:info@gympanzees.org) or call 07831844436**

**11-25 years** - This is a smaller event than our usual pop ups and has less space and equipment. The 0-11 categories are suitable for all, however the 11-25 are more suitable for those with learning difficulties or more involved sensory needs.

[Find out more about our different sessions](#)



## Where and when are the Roadshows?

27th - 30th July, Bristol, Barton Hill Venturers' Academy School, BS5 9TX

3rd - 6th August, Weston Super Mare, Bay Tree Special School, BS24 7DX

10th - 13th August, Newport, Maes Ebbw School, NP20 3DG

17th - 21st August, Bristol, King Fishers School, St Annes, BS4 4BJ

24th - 27th August, Bath ThreeWays Special School, BA2 5RF

## Timetable

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10.30- 12pm	10 - 11.30am	10-11.30am	9.30-11.30am
	Jungle 11- 25 years	Leopards 11- 25 years	Gorillas 11-25 years **	Butterflies 0-25 years
	1 - 2.30pm	12.30 - 2pm	12.30 - 2:30pm	12.30 - 2pm
	Gorillas 0-11 years	Jungle 0-11 years	Butterflies 0-25 years	Leopards 0-11 years
	3.30-5pm	3-5pm	3.30 - 5pm	3 - 4.30pm
	Leopards 0-11 years	Butterflies 0- 25 years	Jungle 11- 25 years	Jungle 0-11 years

\*\* The Gorillas 11-25 session on Thursday 19th August in Bristol (King Fishers School) is a 0-11 session.

[What session is best for my child? Find out here](#)

Book here [Gympanzees Roadshow 2021 - Gympanzees](#) Please scroll down on the page for a full list of locations

## Sea Mills Boys' and Girls Summer Holiday Club



**Every Monday & Wednesday**

*(excl. Bank Holidays)*

**26th & 28th July, 2nd, 4th, 9th, 11th, 16th,  
18th, 23rd & 25th August, 1st September**

**11am - 3pm**

Bluebell Close, Sea Mills, BS9 2HX

**Open to children and young people ages 8 - 12,  
and young people who receive free school meals!**

- **Lots of fun activities - sports, arts and crafts, and more!**
- **A free prepared meal and drink!**

**Book today: [www.youngbristol.com/reopening](http://www.youngbristol.com/reopening)**



[www.youngbristol.com/reopening](http://www.youngbristol.com/reopening)

Avon Youth Summer Holiday Club



**Monday 26th - Friday 30th July**  
**Monday 2nd - Friday 6th August**  
**Monday 9th - Friday 13th August**  
**10am - 2pm**

98A Long Cross, Bristol, BS11 0LP

**Open to children and young people ages 8 - 12,**  
**and young people who receive free school meals!**

- **Lots of fun activities - sports, arts and crafts, and more!**
- **A free prepared meal and drink!**

**Book today:** [www.youngbristol.com/reopening](http://www.youngbristol.com/reopening)

Registered Charity No. 1164391



Youth Club on Wheels in Henbury and Brentry



**Thursday 23rd July, 12pm - 4pm**  
**Thursday 29th July, Thursday 12th August,**  
**Thursday 19th August & Thursday 26th August**  
**2pm - 6pm**

Based near the Skate Park, Crow Lane, BS10 7EL

**Open to children and young people ages 8 - 12,**  
and young people who receive free school meals!

- **Lots of fun activities - sports, arts and crafts, and more!**
- **A free prepared meal and drink!**
- **No need to book, just turn up!**





## Your Holiday Hub – Activities at Avonmouth Community Centre



### YOUR HOLIDAY HUB ACTIVITIES AT AVONMOUTH COMMUNITY CENTRE

257 Avonmouth Road  
Avonmouth  
Bristol BS11 9EN

- ★ Art, crafts and outside activities
- ★ Lunch included

**10am - 2pm Tuesdays and Wednesdays**

Tuesday		3 Aug	10 Aug	17 Aug
Wednesday	28 Jul	4 Aug	11 Aug	18 Aug

**Booking essential as places limited**

Tel 0117 9827445  
[accabookings.marketing@gmail.com](mailto:accabookings.marketing@gmail.com)  
[www.avonmouthcca.org.uk](http://www.avonmouthcca.org.uk)



Department  
for Education



# **SUMMER HOLIDAY ACTIVITY AT CREATIVE YOUTH NETWORK**

**CREATIVE  
YOUTH  
NETWORK.**

**Creative activities for 11 - 16  
year olds at The Station in  
Bristol's city centre this  
summer holidays**

**FREE  
LUNCH AND TRANSPORT  
PROVIDED**

## **CREATIVE SUMMER SCHOOL**

**3RD - 5TH AUGUST**

**10.30AM - 3PM DAILY**

**GRAFFITI, ART AND  
TEXTILES**

## **TRIPS**

**THROUGHOUT THE  
SUMMER HOLIDAYS LEAVE  
BRISTOL AND GO ON TRIPS  
WITH OUR YOUTH  
WORKERS TO THE BEACH,  
AND OTHER FUN  
DESTINATIONS**

## **PERFORMANCE WORKSHOP**

**AUGUST (DATES & TIMES  
TBC)**

**HAVE FUN AND BOOST  
YOUR CONFIDENCE IN  
THIS DAY LONG  
PERFORMANCE  
WORKSHOP.**

**For more information and  
to book, email  
[info@creativyouthnetwork  
.org.uk](mailto:info@creativyouthnetwork.org.uk)  
or call 0117 9477948**

## Summer Reading Challenge

### Summer Reading Challenge 2021

# WILD WORLD HEROES

Presented by The Reading Agency.  
Delivered in partnership with libraries.

Hello everyone,

We're from Bristol Libraries and we want to tell you how easy it is to sign up for this year's brilliant Summer Reading Challenge – Wild World Heroes.

The Summer Reading Challenge runs every year over the summer and it has a different theme each year but the idea of the challenge is always the same – to read at least 6 books over the summer and have fun reading!

The challenge begins from Saturday 10 July and finishes 10 September.

Last year's challenge was called Silly Squad and we know lots of you took part – we usually have around 5000 children take part in Bristol. This year's challenge is all about helping the environment with the Wild World Heroes- a team of friends and their animal companions, who love to take action to save the natural world! In fact this year's challenge is in partnership with the World Wildlife Fund!

So how do you take part in the Wild World Heroes – Summer Reading Challenge?

Just go down to your local library with a grown-up from home and ask to join Wild World Heroes. You will be given a fantastic starter pack with cool stickers to complete the map – with lots of environmental problems to solve on the way!

The challenge is to read 6 books from the library – any books that you like – Fiction or Information books - including library eBooks and eAudio books! Full details of how to access all the e-resources here [eBooks and eAudio from the library - bristol.gov.uk](http://eBooks and eAudio from the library - bristol.gov.uk) For info on books [www.librarieswest.org.uk](http://www.librarieswest.org.uk)



Just write a review for the books you read on the back of the map – and when you've finished you will get a brilliant medal & certificate! It's all free!

As well as being able to take part in the library – you can also take part online! You can do it as well as the library challenge if you like!

To take part go to: <https://summerreadingchallenge.org.uk/> and with the help of a grown up from home you can create an account.

As you work through the online challenge you will collect virtual badges, play fun games and when you finish you will be able to download a certificate.

We hope that lots of you will take part in Wild World Heroes this year – we'd love you to send us pictures of the books you are reading on Facebook – Bristol Libraries and Twitter -@BristolLibrary

## Empire Summer Hub

**EMPIRE  
FIGHTING  
CHANCE**

# SUMMER HUB

Monday | 10am-2pm | Ages 8-25

Wednesday | 10am-2pm | Ages 8-25

Friday | 10am-2pm | Ages 8-25

From Monday 26th July - Friday 27th August

All delivery is non contact & compliant with current covid regulations

**Empire Fighting Chance, The Mill, Lower Ashley Road, BS5 0YJ**  
Free to attend | Book now - [courtney@empirefightingchance.org](mailto:courtney@empirefightingchance.org)



## Off the Record – June Offer

# OUR OFFER...

At OTR, we have loads of projects available. Here you can see everything we currently have on offer, with the age range that each project caters for in the top left hand corner. Want to find out more? Head on over to our website ([otrbristol.org.uk](http://otrbristol.org.uk)) or get in touch for a chat!

# 1:1



# GROUPS

[www.otrbristol.org.uk](http://www.otrbristol.org.uk)

## FREQUENTLY ASKED QUESTIONS!

### **WHAT IS YOUR WAIT FOR 1:1 THERAPIES?**

Our waiting times change all the time and depend on whether you would like to access 1:1 remotely or face-to-face. Speak with our Membership Team for up-to-date information. And bear in mind some days and times are more popular than others so the more availability you have, the sooner we'll be able to find you a slot.

### **GROUPS MAKE ME NERVOUS. WILL I HAVE TO TALK IN FRONT OF EVERYONE?**

No! There is no pressure to talk if you don't want to, and you have complete control over whether to have your webcam and/or microphone turned on too. Groups often have much shorter waiting lists than 1:1, so it's worth thinking about giving one a try.

### **WHAT IF I'M NOT SURE WHAT TO CHOOSE?**

There is loads of information about our projects on our website, and we often post about them on our social

media too. If you're not sure which route is right for you, the Membership Team are here to help. You can give us a call on our Enquiry Line (0808 808 9120 - open Monday-Friday 2-5pm) or send us an email ([hello@otrbristol.org.uk](mailto:hello@otrbristol.org.uk)) and we'll be more than happy to chat about the different projects available and help you choose.

### **HOW DO I SIGN UP?**

You can sign up to all of our projects over on our website by going to the page of the project you wish to access and pressing the 'Sign Up' button at the top. You'll then be given a short form to fill out and submit.

**OTRBRISTOL.ORG.UK**



## FREQUENTLY ASKED QUESTIONS!

### **WHAT HAPPENS AFTER I SIGN UP?**

If you've signed up for 1:1 Therapies or Pro Real, we'll get you put onto the waiting list and will next be in touch when we have a slot available for you.

If you've signed up for Mind Aid, hArmed or Shameless, you will be sent an invitation to join the next available course. This may be shortly after signing up, or it may be after a little while if the current course is full or new dates haven't been announced yet.

Finally, if you've signed up for anything else the lead of the project will get in touch with you (most likely via email) to give you a little more information and help you access the group. This will then give you the opportunity to ask any further questions and express any worries or concerns that you have.

### **CAN SOMEONE SIGN UP ON MY BEHALF?**

At OTR, we want you to have a choice about the support you access (if any at all) and also want to make sure we have your consent to work with us. Ideally we want you to be totally in control and sign up yourself. However, we understand that sometimes you may want some help with doing this - whether that's from a parent or a professional.

We'd encourage parents and professionals to only sign a young person up if they have expressed that they want to work with us. We have very high drop-out rates and a young person is more likely to engage and benefit from our services if they have been in control of these decisions and the sign up process.

If you have signed up on behalf of a young person and have used your own email, we may give you a call just to double check that the young person has consented before processing your information.



## FREQUENTLY ASKED QUESTIONS!

### **WHAT ARE MY RIGHTS AT OTR?**

At OTR, you have the right to:

**Choice** - you have the right to choose which support you would like to access, whether that's with us, another organisation or the choice not to access support at all.

**Consent** - accessing our support requires your consent. If you do not wish to work with us that is completely your choice and you won't be forced.

**Confidentiality** - what you talk to us about will not be shared outside of our organisation. The only exception to this is if we believe you or someone else may be at significant risk of harm. In this case, we would most likely need to tell someone but we wouldn't do this without talking to you about this first.

**Complaints** - finally, you have the right to complain if you aren't happy with something that has happened at OTR. You can do this by phone, email or by filling

out the feedback form on our website:  
[otrbristol.org.uk/feedback](http://otrbristol.org.uk/feedback).

### **WHY DO YOU NOT OFFER 1:1 THERAPIES FOR 18-25?**

Unfortunately we are not able to offer 1:1 Therapies for those over the age of 18 due to funding limitations. If we had the capacity to see anyone and everyone then of course we absolutely would. If you are over the age of 18 and would like 1:1 Therapies, you may want to have a look at the following organisations:

Vita Minds ([vitahealthgroup.co.uk](http://vitahealthgroup.co.uk))  
Help Counselling ([help-counselling.org.uk](http://help-counselling.org.uk))  
Bristol Mind ([bristolmind.org.uk](http://bristolmind.org.uk))  
Womankind ([womankindbristol.org.uk](http://womankindbristol.org.uk))  
Network Counselling ([network.org.uk](http://network.org.uk))

We do also have our Pro-Real offer which is open up to the age of 25. You can read more about this here: [otrbristol.org.uk/what-we-do/pro-real](http://otrbristol.org.uk/what-we-do/pro-real)

Nature Works – Woodland Wellbeing

NATURE WORKS  
otr

FOR 16-19  
YEAR OLDS

# WOODLAND WELLBEING

IN MANOR WOODS, BISHOPSWORTH

Using a variety of outdoor nature practices like fire-building, mindfulness, cooking and crafts, we'll be exploring our connection to nature and how this helps us to feel good.

Find out more:  
[otrbristol.org.uk/nature-works](http://otrbristol.org.uk/nature-works)

STARTING TUE  
13TH JULY

A 10-WEEK GROUP CREATED IN COLLABORATION WITH FOREST OF AVON TRUST

Forest of Avon Trust



NATURE WORKS



# DROP-IN WEDNESDAYS

At New Roots Garden drop-in, you can expect activities as varied as pizza-making and natural building to mindfulness practices and vegetable growing, pickling and preserving. Equally, just being outdoors, around a fire, with a cuppa, is also very much encouraged. No previous experience needed whatsoever.

If you'd like more information, call or text Elsie on 07376004856.  
You're welcome to sign up or just drop in.

Find out more:  
[otrbristol.org.uk/nature-works](http://otrbristol.org.uk/nature-works)

4-6.30PM



**NEW ROOTS GARDEN, 44-46 SPEEDWELL ROAD, BS5 7SB**



[www.otrbristol.org.uk/nature-works](http://www.otrbristol.org.uk/nature-works)

## Art Works – Camera-Less Photography

### **CAMERA- LESS PHOTOGRAPHY**



This summer holidays OTR is hosting 8 sessions exploring experimental photography every Wednesday 4.00 - 6.00. The last 2 sessions will be an exhibition of your favourite work hosted by you! Materials will be provided by us and please send us an email if you might have any trouble accessing the sessions.

If you have questions or want to sign up contact the email the address below:

#### **We'll be:**

- Printing cyanotypes
- Using fabric and light
- Using projectors
- Making our own darkrooms
- and more!

#### **Dates:**

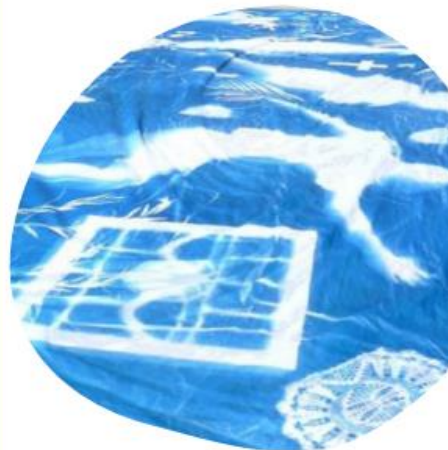
28th July - 4.00 - 6.00  
4th August - 4.00 - 6.00  
11th August - 4.00 - 6.00  
18th August - 4.00 - 6.00  
25th August - 4.00 - 6.00  
1st September - 4.00 - 6.00

session 7 - TBC

session 8 - TBC

You don't have to be able to attend every session to come along!

[Tilda@otrbristol.org.uk](mailto:Tilda@otrbristol.org.uk)



## M32 Youth Groups @ BDP - Summer Holidays 2021

### M32 Youth Groups @ BDP Summer Holidays 2021

The groups are an opportunity for young people aged 5-16, who have parents who use alcohol or other drugs problematically, to have respite from the family situation, a time for fun and exploring new activities as well as building confidence and resilience.

The groups are open to children and young people from across the city and free transport is provided to pick them up and take them home.

The groups are held on Mondays after school from 4.45 to 6.45 pm. They meet twice a month for the 5-10-year-olds and monthly for those aged 11-16. There is always a chance to have food together, followed by opportunities for arts and crafts, physical activities and learning new skills. There is always someone to talk to if a young person also wants some time out.

'Big Days Out' of new experiences planned for the summer holidays!

*Please contact us if you want more information, or to refer a young person, on 0117 987 6009.*

TOUCH GROUP

Proud to Be

# proud to be

**Join our group sessions in a safe and supportive space for LGBT+ young people.**

Our trained youth workers provide information, advice and guidance and are always on hand for a friendly chat.

We play games and do fun activities, arts and crafts and sports.

**Mondays**

5.30pm – 7pm

*Southmead Youth Centre*

**11-19 year-olds**



CREATIVE  
YOUTH  
NETWORK.



**Sign Up:**

[www.creativeyouthnetwork.org.uk/proud-to-be](http://www.creativeyouthnetwork.org.uk/proud-to-be)

or get in touch with Bethany:

[Bethany.Moran@creativeyouthnetwork.org.uk](mailto:Bethany.Moran@creativeyouthnetwork.org.uk)

07734 366 378

REG NO: 01099684 | REG CHARITY NO: 266218 | VAT NO: 110992037

[www.creativeyouthnetwork.org.uk/proud-to-be](http://www.creativeyouthnetwork.org.uk/proud-to-be)

## Take 5



# Take 5



**Need a break? Join a relaxed group and learn about the five ways to wellbeing.**

Each month we'll focus on one of these topics. Take part in activities, have a cuppa and a good chat.

Take  
Notice

Connect

Be  
Active

Learn

Give



Thursdays  
4.30pm - 6pm  
at Southmead  
Youth Centre.

For 11-19 year-olds

### Sign Up!

[www.creativeyouthnetwork.org.uk/take5](http://www.creativeyouthnetwork.org.uk/take5)  
or contact Bethany on  
[Bethany.moran@creativeyouthnetwork.org.uk](mailto:Bethany.moran@creativeyouthnetwork.org.uk)  
or 07734366378





# YOUNG MEN'S GROUP

A TARGETED GROUP  
FOR YOUNG MEN

**SOUTHMEAD ADVENTURE  
PLAYGROUND  
MONDAYS  
3.30PM TO 5.30PM**

A group for young people across  
north Bristol who identify as male,  
where you can be yourself in  
safety and without judgement

**POOL  
SPORTS  
COOKING  
TABLE TENNIS  
GAMING  
& TRIPS**



**Sign Up Here:**

[www.creativeyouthnetwork.org.uk/young-mens-group](http://www.creativeyouthnetwork.org.uk/young-mens-group)  
Or get in touch with Jon on 07741 659 830 or  
[jonathan.andrews@creativeyouthnetwork.org.uk](mailto:jonathan.andrews@creativeyouthnetwork.org.uk)

REG NO: 01099694 | REG CHARITY NO: 266318 | VAT NO: 110992037



## Young Women's Group



The illustration features a woman in a white top and blue pants meditating in a lotus position on the left. On the right, a woman in a blue dress holds a megaphone, surrounded by a large blue female symbol and orange stars. Below, several hands are shown working on various craft projects like embroidery, beading, and sewing. A woman in an apron is also shown working at a table.

# YOUNG WOMEN'S GROUP

Southmead Youth Centre  
Every Wednesday, 5-6:30pm  
11-19 year olds who identify as women

Book your spot by getting in touch with Tallulah by email, text or call:  
tallulah.upton@creativeyouthnetwork.org.uk  
07435 758 157

[www.creativeyouthnetwork.org.uk/young-womens-group](http://www.creativeyouthnetwork.org.uk/young-womens-group)

Delivered by:  Funded by: 

REG CHARITY: 266318 | REG CO. N. ENG: 01099684 | VAT NO: 110992037

[www.creativeyouthnetwork.org.uk/young-womens-group](http://www.creativeyouthnetwork.org.uk/young-womens-group)

## Young Carers Group

# Caring for someone?

**Join our weekly sessions for 11-19 year old young carers**

Make new friends, have some fun and share some of your worries with trusted youth workers and other young people.

**Southmead Youth Centre  
Every Tuesday  
5-6:30pm**

Our sessions are for anyone who is affected by caring responsibilities. You don't have to be on the official young carers register to access this service.

Get in touch with Lisa on 07741 660521  
or Jon on 07741 659 830

[www.creativeyouthnetwork.org.uk/caring-for-someone](http://www.creativeyouthnetwork.org.uk/caring-for-someone)



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[www.creativeyouthnetwork.org.uk/caring-for-someone](http://www.creativeyouthnetwork.org.uk/caring-for-someone)

## Kooth - Online Counselling




**kooth**

# You can still access support over the summer holidays

Join our community at [kooth.com](https://www.kooth.com)

During the summer months [Kooth.com](https://www.kooth.com) is still helping young people aged 11 - 18 in Bristol with free, safe and anonymous wellbeing support and advice. Accessible from any internet enabled device Kooth is available every day.



## What's on Kooth in July?

<p><b>Kooth Live Forum: Online Gaming</b></p> <p><b>DATE:</b> July 2nd <b>TIME:</b> 7.30pm to 9pm</p> <p><b>INFO:</b> Online gaming can be great fun! It can be a brilliant way to hang out with friends, or even make new ones. However, there's some tips and tricks to ensure we stay safe. Join this live forum to learn more about them, and to also chat about your favourite games!</p>	<p><b>Kooth Live Forum: Summer Plans to Keep Connected</b></p> <p><b>DATE:</b> July 5th <b>TIME:</b> 7.30pm - 9pm</p> <p><b>INFO:</b> As the summer holidays approach it's common to have worries around missing out, feeling lonely, and managing friendships. Come along to this live forum where we will explore connecting with others, ourselves and nature this summer.</p>
<p><b>Kooth Discussion Forum: Plastic Free Plans</b></p> <p><b>DATE:</b> July 7th <b>TIME:</b> N/A</p> <p><b>INFO:</b> It's Plastic Free Month, so we thought we'd talk all about it. Whether this is your first year trying to cut down on plastic, or you've been doing it for a while - stop by and let us know any plans you might have!</p>	<p><b>Kooth Live Forum: Breaking Gender Stereotypes</b></p> <p><b>DATE:</b> July 14th <b>TIME:</b> 7.30pm - 9pm</p> <p><b>INFO:</b> Breaking gender stereotypes is something everyone should be allowed to do on their own terms. Join this live forum where we'll be celebrating gender identities of all kinds and thinking about ways that we can express who we are, challenging stereotypes, and discussing why this is so important!</p>
<p><b>Kooth Live Forum: Self Care: Tricks &amp; Tips</b></p> <p><b>DATE:</b> July 19th <b>TIME:</b> 7.30pm - 9pm</p> <p><b>INFO:</b> What exactly is self compassion? Join this live forum where we will explore exactly what it is, and how you might practice it.</p>	<p><b>Kooth Discussion Board: Black Leaders Awareness Day</b></p> <p><b>DATE:</b> July 19th <b>TIME:</b> N/A</p> <p><b>INFO:</b> BLAD is a day for us to experience the wisdom of past, current, and next-generation black leaders. So join us to share who inspires you!</p>
<p><b>Kooth Discussion Board: Mindfulness Matters</b></p> <p><b>DATE:</b> July 28th <b>TIME:</b> N/A</p> <p><b>INFO:</b> This week on Kooth we're talking all about mindfulness! Why not stop by and talk about how you've found mindfulness, or any tips you might have?</p>	<p><b>Kooth Podcast: Celebrating Friendships</b></p> <p><b>DATE:</b> July 30th <b>TIME:</b> N/A</p> <p><b>INFO:</b> Join the Kooth team as they chat about some of the reasons they're celebrating their own friends, as well as some tips they've picked up about making new friendships! Find us on Apple podcasts, Spotify and Google podcasts.</p>

Find all of this and much more on [Kooth.com](https://www.kooth.com)



**EXPLORE**

# Face to Face Personal Development Programme



FREE face to face 3 week course for those aged 16 - 30:

- One-to-one support as well as group activities to help get motivated, meet new people, identify and achieve goals
- Sessions help boost confidence, teamwork communication and well-being. We also develop employability and independent living skills

Taster Day: 22nd July 2021

Main Programme: 26th July - 13th August

Location: THE PRINCE'S TRUST BRISTOL

For further info, please email

[Tom.Christensen@princes-trust.org.uk](mailto:Tom.Christensen@princes-trust.org.uk)

# Services and Information for Parents / Carers

## Home Library Service Bristol

If you can't get to the library due to mobility, disability, sensory impairment or caring responsibilities, and you would like a monthly supply of library books delivered to you at home, please contact

**Bristol Home Library Service** on **07714 898 558** or email

[BHLSVisits@royalvoluntaryservice.org.uk](mailto:BHLSVisits@royalvoluntaryservice.org.uk) Available to any Bristol resident over 18.



*NOTE: If you have concerns about Covid-19, our volunteers will offer a doorstep delivery to ensure your safety.*

# Unique Voice



Unique Voice have been funded to deliver Summer Holiday Programme's across Bristol for children in receipt of Free School Meals. Sessions will be running throughout the Summer Holidays 10:00 - 2:00pm daily.

### Let's get creative this summer!

Children will be taking part in performing arts activities including fun games, creative activities and art.  
All activities designed to increase confidence, social skills and of course play!  
Indoor and outdoor play in all sessions.  
Summer themed games and activities too!  
Run by highly skilled, DBS checked, first aid trained and friendly Unique Voice facilitators.  
Lunch will be provided for all children. Available to children age 5+ who are in receipt of FSM.

**Places are extremely limited so if you would like to refer a child please contact [sophie@uniquevoice.org](mailto:sophie@uniquevoice.org) as soon as possible.**

Supported and funded by:



Department  
for Education

### Where & When?

Fair Furlong Primary School,  
BS13 9HS

Filton Avenue Primary School,  
BS7 9RP

May Park Primary School,  
BS5 6LE

10.00 - 2.00pm

We will be running sessions throughout the summer holidays. Parents/carers will be invited to select their preferred week when registering.

## Community Gardening Group – Lawrence Weston



# COMMUNITY GARDENING GROUP

Blaise Weston Court, Lawrence Weston

The Community Gardening Group meets weekly and is open to all:

- Learn/share knowledge and skills with others
- Socialise with other members of the community
- Keep fit and active
- Take part in seasonal gardening activities
- Grow fruit, vegetables and flowers

All ages and abilities are welcome, no experience necessary.

Support and accessible tools are provided if needed.

We'll work indoors in poor weather.

How: Drop in or contact Abi to find out more on 07379498764 or [abi@aliveactivities.org](mailto:abi@aliveactivities.org)

When: Wednesdays 1.30 - 3.30pm

Where: Blaise Weston Court, Broadlands Drive, Lawrence Weston, Bristol, BS11 0AF

Meet in the foyer of Blaise Weston Court.

Alive, Create Centre, Smeaton Road, Bristol, BS1 6XN

w: [aliveactivities.org](http://aliveactivities.org)

Registered Charity No. 1132708



## Debt and Budgeting Advice: Online Group



## DEBT and budgeting advice :online group



Want advice on  
managing debt?



Struggling with  
managing finances?

Would you like help with  
budgeting?

If you are registered with a North or West Bristol GP, you can register to attend this FREE online group + receive expert advice from Christians Against Poverty (CAP) and Social Prescribing.

You must be 18+ to register and a patient with one of the practices below.

**When?** Every 2 Wednesday of the month 10.30 -12pm.

To self-refer: <https://forms.gle/4HArhrxCmfDnv8sH6>

## budget. save. spend.



Medical Group, Horfield Health Centre, Gloucester Road Medical Centre, Westury-on-Trym, Sea Mills, Monks Park, Helios, Fallodon Way, Greenway, Whiteladies, Family Practice, Student Health Centre, Pembroke Road.



# Speak up about criminals exploiting your community.

Vulnerable people in  
your community are  
targets for violence, and  
trafficking of drugs.

#CountyLines

**Speak up. Stay safe.**  
Tell our charity what you know.

[crimestoppers-uk.org](https://www.crimestoppers-uk.org)



Crimestoppers Trust is a registered charity.  
UK Registration Nos. 1108987/SC037960

**CrimeStoppers.**

**0800 555 111**

100% anonymous. Always.

# NEED HELP GETTING ONLINE? Community Learning can help!

Free digital support in venues near you. Ask one of our friendly digital support assistants to give support to get online, offer help and signpost to further digital learning opportunities.



Free 20 minute slots in a face to face environment

- Socially distanced and safe
- Bring your own device
- Happening in local centres in north, south, east, west and central Bristol
- A variety of time slots happening on various days
- Support in Arabic if you need it. دعم باللغة العربية إذا كنت في حاجة إليها.

To book, please contact us with your telephone number and/or email address and the area you live so we can get you booked in: الرجاء الاتصال

Email us: [LCTinfo@bristol.gov.uk](mailto:LCTinfo@bristol.gov.uk)

Call **01172 510 230** and leave a message. Someone will contact you within 5 days with your time slot.

Face to face support in community venues from 5th May

Or visit [cityofbristol.ac.uk/events](http://cityofbristol.ac.uk/events) or call City of Bristol college on: **0117 3125422**

# Childline – How to remove a nude image shared online?

Link: [Remove a nude image shared online | Childline](#)

The screenshot shows the Childline website interface. At the top, there is a blue header with the 'childline' logo, the tagline 'ONLINE, ON THE PHONE, ANYTIME', and contact information 'Call 0800 1111' and 'About us'. Below the header is a navigation bar with buttons for 'Info and advice', 'Get support', 'Toolbox', and 'Get involved'. A 'Your locker' section with a 'Sign in' button is also present. The breadcrumb trail reads: 'You are here / Home / Info and advice / Bullying, abuse, safety and the law / Online and mobile safety'. A search bar is located on the right. The main content area features a large orange banner with the title 'REMOVE A NUDE IMAGE SHARED ONLINE'. Below the banner, a paragraph explains that it can be scary to find a nude image or video shared online and that Childline can help. A dark blue sidebar on the left lists 'On this page' with links: 'How to get your image removed', 'Make your report', 'Help with your report', 'Watch: Report Remove', and 'Get more support'. On the right side of the page, there are vertical buttons for 'HIDE PAGE', 'SAVE PAGE', and a refresh icon.

**childline**  
ONLINE, ON THE PHONE, ANYTIME  
Call 0800 1111 About us

Info and advice Get support Toolbox Get involved  
Your locker  
Sign in

You are here / Home / Info and advice / Bullying, abuse, safety and the law / Online and mobile safety Search Childline\_

## REMOVE A NUDE IMAGE SHARED ONLINE

It can be scary finding out a nude image or video of you has been shared online. But we can help. Follow the steps below to get your image or video removed from the internet.

**On this page**  
How to get your image removed  
Make your report  
Help with your report  
Watch: Report Remove  
Get more support

HIDE PAGE  
SAVE PAGE  
🔄